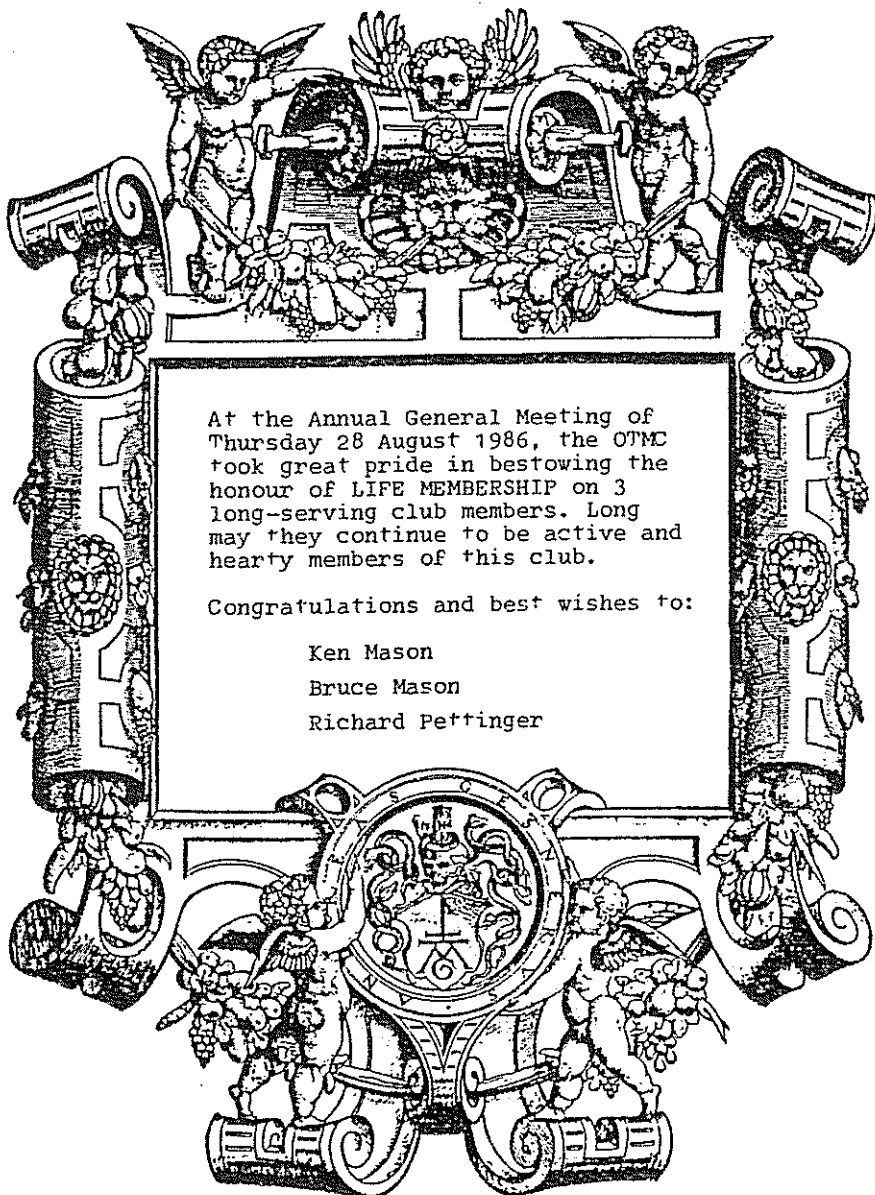




# BULLETIN

Registered at P.O.H.Q. Wellington for Transmission by Post as a Magazine

BULLETIN No.449  
SEPTEMBER 1986

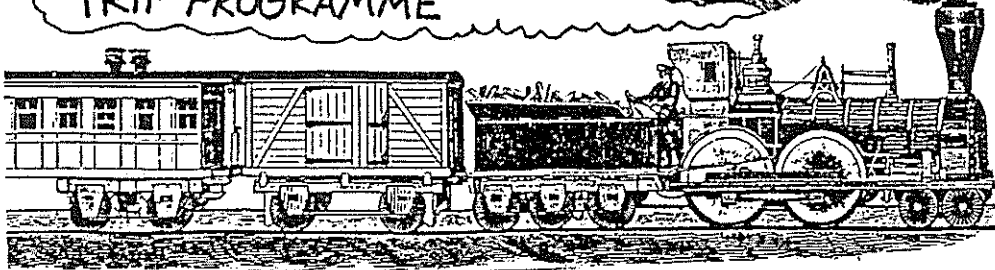


At the Annual General Meeting of Thursday 28 August 1986, the OTMC took great pride in bestowing the honour of LIFE MEMBERSHIP on 3 long-serving club members. Long may they continue to be active and hearty members of this club.

Congratulations and best wishes to:

- Ken Mason
- Bruce Mason
- Richard Pettinger

# TRIP PROGRAMME



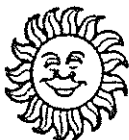
SEPTEMBER 21 There and Back (M)...Wayne Hodgkinson (738390)  
We can be sure that the infamous bearded pirate can get us there, but can he get us back? Come and discover the Meaning of Life with Hodgy.

SEPTEMBER 20-21 SPRING CROSS-COUNTRY SKIING....Bruce Mason (67509)  
The cross-country skiing has been superb this year, and is usually even better in the Spring, because of the good snow conditions. This trip is going to the Old Woman Range, which means that newcomers to this area will be able to avail themselves of the famous Halley's Comet Bog, an edifice worthy of a visit in its own right!  
The skiing should be first-rate too!  
Sign up and visit a truly beautiful area.



SEPTEMBER 28 Possum Hut (the hard way??) (M)...Neil George (43965)  
Neil is part owner in a bus, and he wants to fill it for this day-trip....maybe a record? Anyway, it should be a very enjoyable way to spend a spring Sunday.

SEPTEMBER 27-28 WINTER ROUTEBURN (all grades)....Bill Provan (710594)  
This has to be one of the highlights of the trip-card. You may think the Routeburn area is beautiful in the summer, (and it is), but at this time of year it is transformed into a winter paradise, with snow right down to Falls Hut, and the upper lakes frozen over. Great huts to stay in, but most importantly, Bill has a truce with Huey just for the weekend....brilliant weather!



OCTOBER 5 Search & Rescue Exercise....Stu Mathieson (34359)  
This SAREX has had to be postponed due to a clash with another exercise. Anyone wishing to become a field controller and participate in the above weekend should phone Stu. A day-trip will be organised to replace the advertised programme.

OCTOBER 12 Gabriel's Gully (M)...Bevan Blackmore (36125)  
A very interesting trip to this historic area in Otago, and the chance to get away from Dunedin for a day.

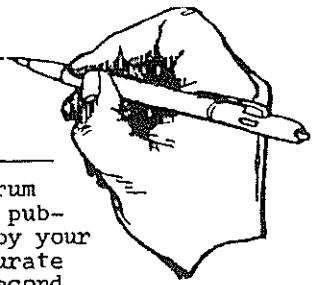
OCTOBER 11-12 BEN OHAU RANGE for X/C SKIING and TRAMPING (all grades)  
John Pohl (44310)

The Ben Ohau Range is on the western side of the road to Mt. Cook. It has much better weather than the Main Divide, as there are 3 large ranges to the west which collect most of the crud from the Tasman Sea. There will be heaps of snow for cross-country skiing for the more experienced skiers. Mention your preference for the type of trip you want to do when you sign the trip-list.

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# Letters to the Editor

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Club Members are welcome to use this page as a forum for their ideas, encouragement, or gripes. I will publish non-de-plumes, but they must be accompanied by your true name (not published), if only to keep an accurate record.

JULY 1 Dear Sir,

The Club's Constitution requires that 15 members form a quorum for a General Meeting. Our 217 members may be interested to know that the General Meeting set down for 7.30pm on June 30, to discuss subscription increases, had to wait 20 minutes for the 15th person to arrive before it could commence. In all, the meeting was attended by 16 members, and there were 2 apologies. Is this a sign of apathy, or perhaps a sign of the affluence of the vast majority of members, who are so financial that they didn't really care whether subs went up or not?  
signed "Interested"

ED - Your first deduction is unfortunately the correct one.

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AUGUST 31 Dear Sir,

It's fairly obvious you are not a "desserts" man. (♦ dirty sexist comment! - ED) I'm referring to the publication of the prize-winners in this years' cooking contest. Here we are, all geared up, utensils on standby and eagerly awaiting the recipies, and all we get is the first prize recipie! Sure Mike's was delicious, but let's have the others as well. Perhaps there is a royalty problem?  
signed Doug Forrester.

ED - My idea of the bulletin is that it should not be only a collection of recipies, (good though they may be), which it certainly would have been had I published them all at once. I intend to fit them in when space permits, over the coming months. So wipe the saliva off your chin, Doug, and stop drooling! You'll just have to be patient!

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From John Pohl, the new Club President.

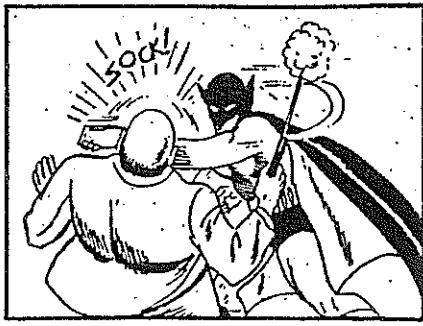


It was with great surprise that I found myself nominated for President at the AGM. I feel somewhat ill-prepared for the position, as I have not had previous experience on the Club Committee. It's like being dropped  $\frac{1}{2}$  - way up the Caroline Face minus ice-axe and crampons. Past and present Committee members have been very supportive since my election, so I am now starting to look forward to the year ahead. I have been a member of a few tramping clubs, and I believe this is one of the best organised and friendliest around. There are some details that need improving. We have a committee with the enthusiasm to maintain and improve the organisation of the Club, and I hope all members will give the Committee plenty of support in the following year.

new OTMC Committee. A group of amazing, incredibly brave super-heroes, who are dedicated to stamping out the loathsome, evil forces of laziness, inefficiency, lack of enthusiasm, and slothfulness that stalk through this club. Superbly masculine, muscled men and fantastically fearless women, they will stop at nothing to get this deadbeat, decrepit club back on it's feet again, and back to full busloads on club trips!



GASP! What a task!  
But it's nothing to these ace crime-busters!  
HOORAY for the Committee!

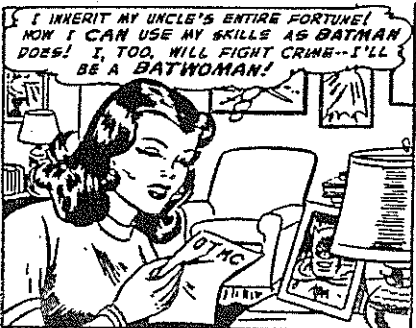


Here is the list of these valiant, vengefull Super-Heroes, that have dedicated a full calendar year to the service of the OTMC.

Help them in any way you can, because the struggle against evil is one that everyone can assist with.

THE OTMC COMMITTEE for the 1986/87 season

- |                          |                            |
|--------------------------|----------------------------|
| PRESIDENT                | John Pohl....              |
| VICE PRESIDENT           | Spencer Walker....771813   |
| SECRETARY                | Pam Hodgkinson....738390   |
| TREASURER                | Jane Bruce....771813       |
| CHIEF GUIDE              | Peter Mason....775237      |
| MEMBERSHIP               | Antony Pettinger....879440 |
| DAY-TRIPS                | Philip Jenkins....882861   |
| EDITOR                   | Evan Paterson....710594    |
| GEAR HIRE                | Michelle Williams....      |
| CLUBROOMS                | Peter Mason/Spen Walker    |
| LIBRARY                  | John Pohl....              |
| SEARCH & RESCUE          | Stuart Mathieson....34359  |
| OUTDOOR RECREATION       | Bruce Mason....67509       |
| SOCIAL CONVENER          |                            |
| M.S.C.REP                | Mike Floate....739780      |
| BUSHCRAFT 1987           | Spen Walker....771813      |
| IMMEDIATE PAST PRESIDENT | Mike Floate....739780      |



## AT LAST...A FINE WEEKEND ON THE ROCK AND PILLARS,

At a quarter past dawn on Saturday the 16th August, a convoy of cars headed for Middlemarch. Mark was deputised to ask permission from Glencreay Homestead, and we parked near the hut the Otago Ski Club used to sleep in on Friday nights. Tying our skis onto our packs, we clutched our photocopied maps and headed straight up the hill.

The next 2000ft sorted the sheep from the goats, and the overexposed from the overheated. We regrouped at the snowline and made the final assault up the fenceline and following a line of snowstakes leading right across a small gully to the hut.

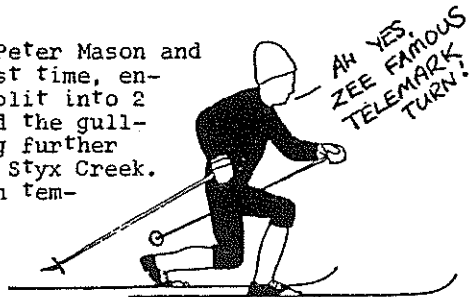
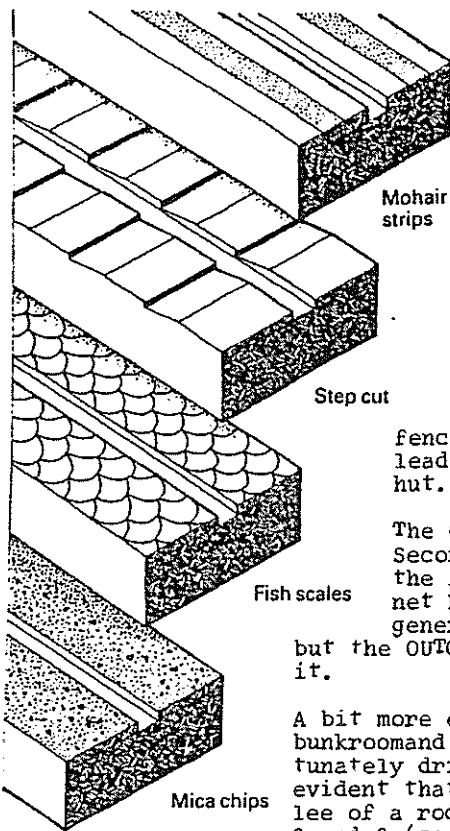
The Otago Ski Club had it's heyday from the Second World War to the early 1960's, when the first chairlifts were installed at Coronet Peak. The hut had bunks for 60 people, a generator, and hot water. Now it is rundown, but the OUTC has recently done some maintenance on it.

A bit more exercise shovelling a snowdrift from one bunkroom and we paused for lunch. The bog was unfortunately drifted over. By Sunday it was gruesomely evident that Toilet Training Lesson 1 (go in the lee of a rock) had been grasped by all, but lessons 2 and 3 (go a reasonable distance from the hut, and cover your leavings) had not! Bruce got us moving with a relay on skis, and then we wandered around trying different types of turns, until we ended up on Summit Rock. We bombed down for afternoon tea before going out again. There were people in and out all evening, tempted by moonlight skiing, while others enjoyed cards and dirty jokes, and yet others crawled into bed.

Sunday was another clear, calm day. Peter Mason and Bevan Blackmore turned up at breakfast time, enroute for Leaning Lodge. The group split into 2 parties; one going to Museum Rock and the gullies around there, and the other going further South to McPhees Rock and back along Styx Creek. The snow was absolutely perfect, with tempting untracked slopes, spectacular rock tors, and good company combining to give a perfect day.

Everyone arrived back at the hut by 3.00pm to rehydrate and pack up. Then, leaving behind 4 people who were to traverse North to Hyde on Monday, people shouldered packs and bombed or wobbled the slopes back to the cars. Thanks for arranging the snow, Bruce...is this the start of the next ice-age?

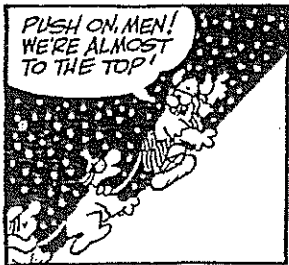
Those skiing the slopes were: Bruce Mason, John Robinson, Linda Mehrtens, Jane Bruce, Spen Walker, Cathy & Euan Kennedy, Lori Meyer, Ken Mason, Roger Conroy, Hermione Binnie, Mike, Graham Johnston, Alison McPherson, Carolyn, Andrew Milne, John Pohl, Mark & Marina Hanger, Gary Nixon & Liz.





We sure like those short van-trips, arriving at the destination by 10pm after a leisurely stop in Oamaru, trying to beat the record for ordering the largest variety of greasies and other things in one shop (well done J.B.). After removing the residents of a local barn, most of us ditched on a cold concrete floor, while the two wisest chose the unparalleled comfort of the van.

We awoke next morning to a magnificent sunrise, giving us a small urge to do something. Breakfast and packing was next, with a debate about which mountain was the right one. Once Antony had finally fetched everything that he had forgotten from the van, we set off.  $\frac{1}{2}$  an hour and some hasty repacking later, we had our first stint of hill, and it was up! But once you are up you must come down, so down we went! The other party still followed blindly....



But, not deterred from defeat, we went up again! It wasn't long before the going began to slow us down. We gained a 4-wheel drive track and followed that for a while, before taking a windswept ridge which led to the top (hopefully). Lunch was had after a unanimous decision - or lack of any further energy.

It wasn't long before we got ice-axes out as the snow got better. We put crampons on for the last section of Little Domet, which was good steep hard snow. We got to the top of Little Domet at about 3.30pm. Here we had several decisions to choose from, eventually deciding to return to the valley floor, flagging visions of Domet away. Much to our joy we found a very steep snow-chute leading to where we wanted to go - how neat! It was tense at first, but as confidence increased, so did the tempo. After Antony self-arrested some of the way down, losing  $\frac{1}{2}$  a crampon, the rest of us continued downwards. Once in the valley it was back into knee-deep snow (the kind where you only fall through every 2nd step), and growing darkness.

We decided that since it was growing dark we had better look for somewhere to camp. We came up with this great idea while sitting on our packs...eating. While sitting there, we saw a signal being flashed from down in the valley. Knowing that it could only be Allana's party, we walked down there, ending up camping right beside them...much to their anguish and despair. John and Philip set off to get some water, after being told it was 10 - 15 minutes away. It wasn't until about  $\frac{1}{2}$  an hour that we started to get worried about them not returning. We were about to go and look for them when we saw their flashlights coming towards us. Soon stories were being spun about Matagouri trees, fences, bluffs, and lost water-bottles.  $\frac{1}{2}$  an hour and a box of matches later we had to abandon our Optimus and settle for the neighbour's 8R. Unfortunately, that meant



tolerating their banter, ably led by Ross Cocker. We ended up a cooking our main before them (sorry Ross), before our time on the 8R ran out. Their abuse continued through to the next day, when we had to go a different way from them just to keep our sanity! We arrived at the road to find them complaining that we were 3hrs late!

We set off for Dunedin at 2.30pm, stopping at the historic Maori rock-drawings. John Bevin provided us with a raving scientific outlook of the site. We arrived in Dunedin at 6.00pm, after a very pleasant weekend with lots of laughs.

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Trip Report...by Doug Forrester

### POWDER RIDGE WORKPARTY

9 keen trampers turned up on Sunday morning for my workparty. A slash-er each, one or two small pruning-saws, a fine day, and we were away. As it was the top part of Powder Ridge, it was late morning before the slashers started singing. It wasn't easy work, on account of the springy nature of the growth, but each members' presence helped generate enough enthusiasm to keep going. At the end of the day I guess about 3/4 of the track is now cleared. Powder Ridge is a lovely walk, and 9 weary bods felt very satisfied at having contributed to its upkeep. On behalf of all those who use the Powder Ridge track, my thanks to:

Antony Pettinger, John Bevin, Doug Pagel, Piotr Swierczycki, Stephen Cathro, Kelvin Liggett, Dad & Antoinette (can outrun Dad) Cocker, and special thanks to Lands & Survey Dept.



## the GREAT OTMC PHOTOGRAPHIC COMPETITION for PRINTS and SLIDES

Guest Judge - Richard Billington....a trampster and master photographer  
A veteran judge from many competitions, and someone who knows what they are talking about.

All slides and prints should be coded for your identification, and given captions. Each entrant should prepare a master-sheet with all their entries listed, and the category that they are entered in. The judge reserves the right to re-enter slides or prints in a different category as he sees fit. No slides or prints may be entered from previous years. There will be a limit of 4 slides/prints per category per person, but only 2 for the GENERAL section.

the categories are:

LANDSCAPE	PORTRAIT
ALPINE	HUMOUR
NATURAL HISTORY	GENERAL

Get your entries in to Graham Johnson (36837) pronto!

ENTRIES CLOSE 2 OCTOBER



Car Parking at the Remarkables Ski-field; the lower car park is now available for overnight parking. An intentions book is provided in a stand at the car park entrance. Members are advised to sign in and sign out for day-trips as well as overnight and multi-day excursions. This enables the ski-patrollers to ascertain that the slopes are clear when the lifts close at the end of each day,

The representations by this club, and FMC, have brought about this arrangement.

Another mouth-watering recipe from the COOKING COMPETITION

### SPEN'S PANCAKES

250g flour  
60g sugar  
40g milk powder  
8 teaspoons baking powder  
 $\frac{1}{2}$  teaspoon salt

60g butter  
2 medium eggs  
 $1\frac{1}{2}$  cups water  
handfull seedless raisins

Sift dry ingredients together. Cut in butter with fingers or pastry blender. Bag and carry this mix.

Stir eggs and water into dry ingredients until just moist and still looking lumpy.

Heat a very little butter in pan. Add batter.

Cook until bubbles form on upper side, then turn.

Makes 16 pancakes.

Hint: if you carry a frypan with a folding handle, let Spen try to flip them!



AN IMPORTANT MESSAGE from the new TREASURER,  
JANE BRUCE (ph 771813)

I will be at the clubrooms on Thursday nights from 7.30 to 8.00pm.

I don't guarantee being there outside these times. Remember that there is a LATE FEE of \$2.00 for all trip-fares not paid before the trip leaves. If you can't make it to club, mail a CHEQUE to:

The Secretary, OTMC, P.O.Box 1120, Dunedin

Trip Leaders - please remember to pass on a TRIP LIST to the Treasurer, Chief Guide, and SAR contact.

A reminder to all people paying for PETROL on club trips....receipts are required when claiming refunds. When GST comes in, the club will not be able to claim tax back without the receipt/invoice, so start getting into practice.





# \* FIRST AID FOR FRACTURES

A few short notes on the general signs, symptoms, and treatment relating to fractures.

Ask John Bevin if you don't think that it could possibly happen to you in the outdoors !

## SIGNS & SYMPTOMS:

Pain in, or near, injured part.....tenderness when touched.....swelling and later bruising.....obvious deformity.....inability to use part. Not all of these may be present in every fracture; if in doubt, treat as a fracture.

improvise bandages from spare clothing

fractured limb; bound to good limb used as splint

ample padding



## PRINCIPLES IN TREATMENT:

In all fractures there will be some soft tissue damage; this may include damage to nerves and blood-vessels.

The aim is to stop movement at the fracture site. Movement increases pain and shock, making patient worse.

Immobilise injured part before moving patient.

Wounds associated with fractures should be kept clean.

## IMMOBILISATION:

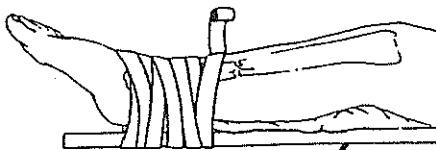
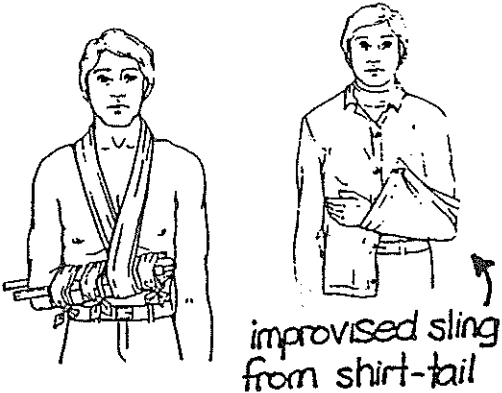
Use equipment to hand; snow-stakes, tent-poles, maps, stuffed plastic bags, magazines, sleeping-mats, or spare clothing.

Use your imagination !

Note: overtight immobilisation may impair circulation. Check regularly for changes in colour beyond the fracture-site, increased discomfort. Adjust splint if necessary.

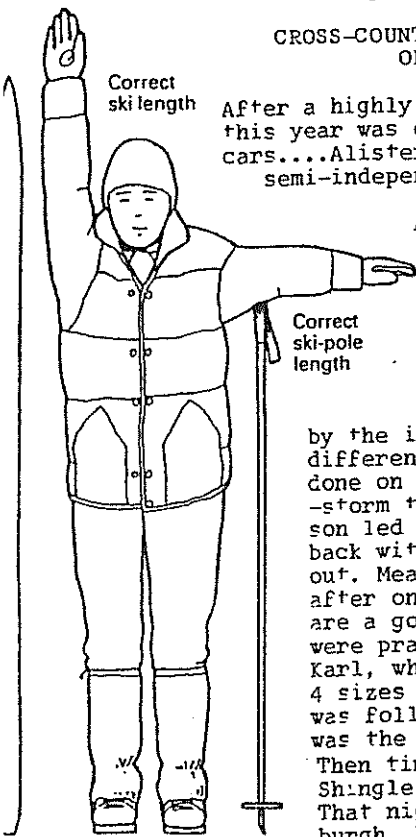
Certain guidelines should be followed when splinting:

- Gently remove all clothing from any suspected fracture or dislocation.
- Do not attempt to push bones back through an open wound.
- Do not attempt to straighten any fracture.
- Cover open wounds with a sterile dressing before splinting.
- Pad splints with soft material to prevent excessive pressure on the affected area and to aid in supporting the injured part.
- Pad under all natural arches of the body such as the knee and wrist.



- Support the injured part while the splint is being applied.
- Splint firmly, but not so tightly as to interfere with circulation or cause undue pain.
- Tie all knots on or near the splint.
- Do not transport the victim until the fracture or dislocation has been supported.
- Elevate the injured part and apply ice packs when possible.

CROSS-COUNTRY SKI INSTRUCTION on the  
OLD MAN RANGE August 2-3



After a highly popular trip last year (18 people), this year was even bigger and better. 2 vans and 2 cars....Alister & Michelle, and Wayne & Pam being semi-independent.

After dropping gear off at Roxburgh Motor Camp, we were soon stopped from driving up the road, even with chains on, by large snow-drifts at 3000ft. Leaving the vans with light snow falling, we all got to the first continuous snow just below the snow-caving site. For the rest of the day all the basic techniques were taught

by the intrepid instructors, then practiced at different levels of ability. Most of this was done on one slope, due to the respectable snow-storm that lasted most of the day. John Robinson led 'the Guns' off into the murk, but came back with stirring tales of skiing in the white-out. Meanwhile, John Cox took off at high speed after one of his party's skis (safety-straps are a good idea). Advanced stopping techniques were practiced by Polly & Mike Crashley, and Karl, while Anne was trying to ski with shoes 4 sizes too big for her. All this while El Pres. was following her around the slope as if she was the Pied Piper.

Then time to head down for a debrief at the Shingle Creek Pub....the only way to ski! That night a few made it to the pub in Roxburgh, but advanced exhaustion claimed most.

The next day was fine, sunny and calm. Up the hill- rearranged a few parties....then the instructors were seen leading people all over the Hingle Creek catchment, and even over to Potters. Huge amounts of snow with people having a great time. All too soon it was back to the motor camp to repack, and a safe trip home.

Dave, for all 32.

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Changes of address: Pam & Wayne Hodgkinson, 38 Craighleith St, 738390 and Lyall Campbell, 49 Hall Rd, Savyers Bay.

The WILDERNESS SHOP is having a **MONSTER** clearance sale on all it's cross-country ski hardware (skis, boots, bindings). All stock is reduced an amazing 30% !!!! On sale are KAZAMA and KARHU skis, and MERRELL touring boots.

Be in for these goodies at never-to-be-repeated prices. A chance to get some gear for the rest of the season, and next year....and the year after that....and the year after that....



PINEAPPLE - BURNS DAY - TRIP July 27

11 assorted bods on a cold and overcast day set off from Nichols' Creek, via the first waterfall, and made their way to the Pineapple Track by devious routefinding, then on to the Flagstaff-Swampy saddle for lunch. From there the party split up, with Jane and Penny going via the pylon track, and the others



over Swampy to the Burns by the traditional route off the Swampy -Hightop walkway. The Burns track was negotiated with ease (if you know where it is), and some people learnt a new way to the Silver Peaks. Short work was made of the descent to the motorway and the awaiting limosine, which brought us back together at Nichols' Ck.

Those on the trip were: John Bevin, Penny Wilson, Ian Hills, Philip Heseltine, Ron Oakley, Russell Dawson, Steve Cathro, Jane Bruce, Spen.

Cross Country Rentals (whom we hire vans off for club trips), have advised us that they have just replaced some of their older model vans with brand new Toyota Hi-Ace units. Good news indeed, because they are a bit roomier inside, which means more comfortable!

Trip Report...by John Robinson

ROCK & PILLAR CROSS-COUNTRY SKI TRIP

For the first time this winter, the weather forecast was for 'fine'. This was great news for the 20 plus eager cross-countryers who had signed up on Bruce Mason's Rock & Pillar trip.

The convoy assembled at the base of the range Saturday morning. The first 2000ft was steep and hot. Snowline was around 3000ft....real low. At lunchtime the Varsity ski-hut appeared on the horizon. What a welcome sight! A heap of snow around the hut; the toilet was well buried too! The snow was excellent. A wopping firm base with 2-3cm of light frosted powder on top. Violet wax. After lunch, Bruce had us playing games on skis, skiing without poles; before long we were attempting telemarks. We skied untill dark, and after a great dinner did some night-skiing with the aid of the moon.

Sunday. Up early, with a choice of 3 tours. Most chose to go South to Museum Rock, or further to McPhee's Rock. Great weather and great snow. Light wind and a cloudless sky....everybody had a fantastic time, despite sunburn and sore muscles. I'm sure there will be many converts to the sport.

Most left about 4.00pm Sunday, but Spen, Jane, Linda, Bruce, and myself stayed on to ski out Northwards on Monday. As it was, a gale got up in the night, blowing al' the powder away. Linda kindly went down to drive the car up to Hyde, and us 4 klistered-up and headed North. From the top it was downhill all the way....fairly quick going. At 3500ft we ran out of snow, but found a snowed-in water-race that got us a bit further. Linda picked us up about 1km South of Hyde.

Thanks due to Bruce for the organisation, and thanks to all those on the trip.

# SOCIAL CALENDAR

- OCTOBER 2 Bring your own slides...has anyone out there got any slides? Do trampers take their cameras into the hills any more? Why not drag out those slides of your favourite trip from a couple of years back?  
NOTE: deadline for entries in the photographic comp.
- OCTOBER 9 SPECIAL GENERAL MEETING - for the presentation of the financial report from the past year.
- OCTOBER 16 Alison McPherson talking and showing slides of "Ye Olde Englande"; well Scotland anyway, or is it The Hebrides?
- OCTOBER 23 Slide Competition - see the entries for this contest, and a chance to "OOOH" and "AAAH" at some lovely pics.

FROM THE EDITOR....Ewan Paterson, 161 Ravensbourne Rd, ph710594

Do you want an Outdoors Magazine this year, and in the future? At the Annual General Meeting held on Thursday 28 August, this question was put to those members who were present, and no real positive answer or direction was received. So where do we go from here? Is the Committee to act on its own initiative in this matter? Speak now, or forever hold your peace!

A few ideas have floated to the surface in recent Committee meetings. One plan calls for the abolition of Outdoors, and using the money thus saved (\$1800 last edition) to publish a more comprehensive Bulletin... (this thing that you are reading). The club could purchase a good-quality electric typewriter (perhaps a 'golfball' model, so that we could use different letter styles) and really do a good job. At the moment I type this Bulletin on a borrowed electric model, which is a huge hassle, because I only get to use it a few days per month, which means some early morning typing sessions.

If the members of this club want an Outdoors Magazine next year, then we need 1 or several good keen people to collate, edit, and publish the thing. Those of you who may be unaware, Outdoors is the club's annual journalistic extravaganza, and contains trip-reports, poems, humorous and enlightening articles, cartoons, etc. It is meant to portray not only what club-members have been and done in the previous year, but also the type of person that belongs to the club, and the values that we hold sacred. There has not been an Outdoors since 1984, and this is mainly because the ex-bulletin editor has found the task such an onerous one. How about someone giving that person a hand? There were lots of comments at the Annual General Meeting to the effect that it would be a shame to loose this magazine....how about putting your money where your mouth is....?

This bulletin comes out once per month (all going well). The deadline for trip-reports, or articles of any-sort, information, etc, is the end of the month. I type it the first week of the new month, and it reaches you in the 2nd week. If you are writing a trip-report, please sign your name to it...it's nice for readers to know who wrote it. Also include a list of party members - it's good to see who is actually going on the club trips!

A plea for neatness and legibility goes without saying (I hope?). Thanks to those people who take the time to write something, however short. We are all the richer for it.