

BULLETIN

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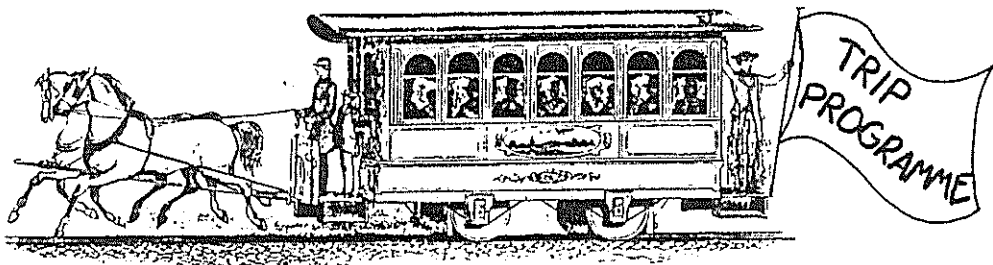
Well, another years tramping is drawing to a close - a year that has seen reduced numbers of keen people on club weekend trips, and a huge upsurge in the number going cross-country skiing, many for the first time on club instruction weekends. The club has also organised and run several other notable instruction courses throughout the year; the Bushcraft '86 extravaganza, as well as 2 snowcraft courses and a search & rescue exercise. In past years there have also been rockclimbing and map & compass instruction weekends.

The onus for organising all of these courses, all of which are open to the public (though perhaps not actively advertised as such), falls on a club leader or instructor whose present enthusiasm leads him/her to choose to organise them (on behalf of the club). These same people are more often than not to be seen leading parties into the hills on standard weekend trips also. However, this enthusiasm cannot be sustained indefinitely...after a time (months, years) this thankless task becomes less of a pleasure and more of a hassle. These people become "burned out", their initial enthusiasm drained like a bloodless corpse on the Sunday night Horrors. And so they leave the club to pursue their own tramping, with friends of their own choosing. In the 5-6 years that I have been with the club (good grief - that long!), most if not all of the instructors/trip leaders that were around then have disappeared. Why? Sure, some have moved to other cities or travelled overseas following jobs, etc. But a lot of them simply turned their backs on the exhausting demands of this club, and left to regenerate their initial enthusiasm.

You can almost chart a course of progress for someone joining the club; enthusiastic new-member (probably from a Bushcraft course), then on to party leader, trip leader/organiser, then Committee member...and then they leave, all washed up. The trip leaders/course organisers in this club are the foundation on which this club stands. So let's recognise this little fact, and give them some help. You'll see in this bulletin that leaders/instructors are being called to volunteer their services for Bushcraft '87 and Tramparama. It should be remembered that they are indeed volunteering, and should not be made to feel that they be obliged to spend time on these courses. This club can be quite demanding in terms of commitment required from it's leaders (and committee members). So instead of witnessing a galaxy of "shooting stars" rush through our club, and leaving at the end of their term of office all burned out, let's encourage them to stay around for a while so that many others can benefit from their experience over a longer period than is happening at the moment. Here are a few ideas to think about:

- (1) we need to spread the workload of organising trips and courses. Let's encourage more of the newer members to get involved earlier. They are not all young and inexperienced. Some might have new ideas...let's hear what they say.
- (2) It's ridiculous for course organisers to have to arrange a course of instruction for members, and then have to pay the same trip fare as those same participants. Course organisers should have their trip fare subsidised in part or in full.
- (3) The same for instructors on any courses. This subsidisation should come from the club, or be included in the trip fare. This year there was a great cry of protest when Mountain Safety withdrew their subsidies from club courses. This club stated that it is our policy to subsidise participants on our annual Bushcraft course, to keep the price down to encourage a good turnout of participants. Let's not forget the instructors.
- (4) Committee members should get free membership of the club, for as long as they are committee members. The work they do for the club is inestimable.

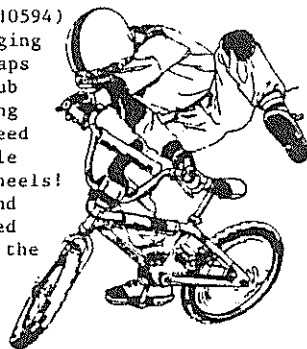
Food for thought, eh? Have a good holiday (in the hills, hopefully!!) See you in the New Year, looking bright and breezy for a full and enjoyable year with OTMC.



NOVEMBER 23 Around the Peaks (F)...Pam Hodgkinson (738390)
Are you feeling fit and energetic? This is the day-trip for all you
guns; see the Silver Peaks the fast way, following the blurred foot-
steps of Pam on this famous, historic marathon tramping circuit.

NOVEMBER 22-23 MT. COOK (all grades)...Jane Bruce (771813)
Ever been to Mt. Cook at this time of year? See the flowers in bloom,
enjoy the settled weather, and photograph the mountains still mantled
in their winter coats. A complete range of trips are available, from
1-3hrs up the valley to full 2-day alpine crossings....a perfect opp-
portunity for snowcrafters to put their new-found skills into effect.

NOVEMBER 30 Peninsula Bicycle Trip (E)...Bill Provan (710594)
Is this trip the thin end of the wedge, changing
the tramping club into a cycling club? (Perhaps
that way, more people might come along on club
trips!). A day-trip with a difference...bring
along your touring cycle, BMX machine, 10-speed
racing-cycle, all-terrain bike, or your humble
'deadly treadly'...but you must come on 2 wheels!
Bill has finally taken the hint from Huey, and
given up on trips into the hills to get rained
on. After this bike trip he is going to join the
local caving club, where the worst he can do
is fall into an underground stream! Anyway,
pedal along with Bill on this Sunday jaunt.



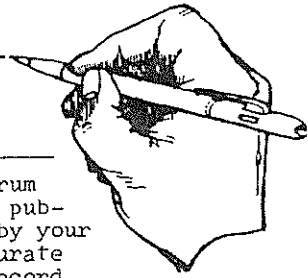
DECEMBER 7 Bruce Mason Special Day-Trip (M)...Bruce Mason (67509)
Sounds like the well-known "Loo with the View" atop the Old Woman
Range (also the "Bruce Mason Special"), but where is this trip going
to? Join the multitudes of curious trampers on this trip who also
want to find out. Knowing Bruce, the destination will be interesting
and exciting.

DECEMBER 6-7 TAKITIMUS (all grades)...Dave Levick (738427)
A great place to go for that pre-Christmas Trip warm-up weekend. Form
an expedition to plumb the mysteries of that unexplored, mist-shrouded
group of peaks, the "Area Obscured by Cloud", that appear on the maps
of this area. Who knows what lurks there among the rocks and snow?
Many trips to be had amongst the bush, scree, tussock, and snow in
such places as Whare Creek, Aparima Saddle, and Princhester Creek. If
you climb Brown Peak (4891ft), superb views westward to Manapouri are
assured.

DECEMBER 14 Hermits Cave (M)...John Pohl (44310)
The Silver Peaks are full of notable and interesting features, this
being one of the more well-known caves or bivvies along Rocky Ridge.
Famous because it was once home to a fellow club-member who chose to
live in isolation in this part of the Peaks for a considerable time.

DECEMBER 26 - JANUARY 4 CHRISTMAS TRIP to NELSON LAKES (all grades)
Organised by Mike Floate (739780).

Letters to the Editor



Club Members are welcome to use this page as a forum for their ideas, encouragement, or gripes. I will publish non-de-plumes, but they must be accompanied by your true name (not published), if only to keep an accurate record.

OCTOBER 2 Dear Sir,

Concerning the issue of the production annually of the Tramping Club Magazine "Outdoors", I make the following comments;

1/ It gives a full record in detail of trips the club has made during the year, and is an excellent reference for planning further trips.

2/ With the high turnover of members, a lot of knowledge is lost with people moving on. Outdoors is a written (historic if you like) record.

3/ From a x-active members point of view, it provides a detailed report of what policies the club is currently undertaking to achieve.

4/ It is an excellent reference for other clubs and trampers to use, and if anything, I feel the circulation should be extended to the wider realms of huts, ski-lodges, etc. You can never estimate how many potential members you may contact - this even includes the North Island.

5/ Bulletins tend to be read, used, and thrown away. I feel that they are a local newsletter with local notices for members, rather than a record of trips, events, etc. Please keep Outdoors!

signed...Susan Dodunski

OCTOBER 20 Dear Sir,

The September Bulletin mentioned the possibility of scrapping "Outdoors". I was surprised by the suggestion and I, for one, would be sad to see this happen. Producing Outdoors is a lot of work. But if the workload is too great for one editor, why not delegate? I found most of the work came from soliciting advertising, as it often required 1, 2 and sometimes more trips back to the potential advertiser. And sometimes we would never get the money from them. There must be at least one person in the club who could assist in this major task that helps keep Outdoors alive! It used to be possible to get enough advertising to cover a large proportion of the production costs. Many businessmen saw the advertising more as a donation because of the limited circulation of the magazine, but they thought it was something worth supporting...do our own club members no longer think so? If the club budget is not sufficient to support Outdoors, I would be in favour of the bulletin being once every 2 months, with the money saved being put towards Outdoors. Most of the events in the bulletin can be planned 2 months in advance (eg. the trip programme is planned 6-8 months ahead!). Any changes could be announced as required at weekly meetings, and those who rarely attend these need only make a phonecall to confirm the event of interest. Halving the number of bulletins has many advantages, especially for the editor! (1) halves bulletin costs. (2) reduces workload for the editor. (3) more efficient; more information in 1 posting. (4) traditional problems of getting copy for bulletins would be reduced. (5) would reduce paper and printing costs. The better trip reports could be held over for Outdoors if there is a problem in getting people to write for the annual mag. Sure, there is the problem of less frequent updates on news for club members, but I would suggest that those needing the updates generally attend the weekly meetings. Perhaps I am treading on sacred ground suggesting that our traditional monthly newsletter become bi-monthly...perhaps I am putting forward an idea that, as a postal member in another country, would suit only my needs? Personally I would be happy for both the bulletin and Outdoors to continue as in the past. I think the annual magazine is a very important permanent record of the year's activities of the OTMC and many other options should be considered before even suggesting that Outdoors should be given the axe. This suggestion is no reflection on the quality of the bulletins.

Sincerely...Colin Harris c/o Dept. of Geography, University of Western Ontario
London, CANADA, N6A5C2.

WINTER

ROUTE BURN (27-28 September)

We left Dunedin at 6.20pm Friday in brand new vans. Heaps of room to stretch out and sleep if you are less than 5ft tall. Weather; warm and clear. The van was great...quiet, plenty of windows that opened and closed, and lots of room. Just out of Milton lightning began to strike in the distance, and Bill began to quietly but earnestly mumble things to the bloke arranging the weather. Later on we managed to sneak past the other van, although I don't think any of them noticed...but at least we woke their driver up! Stopped at Alexandra for petrol and greasies, and what do you know but every cop south of Christchurch was sitting in the main street at a drink/drive check-point. We got through but most people were stopped. Weather deteriorating...lightning gets more spectacular, and solid rain sets in just before Queenstown.



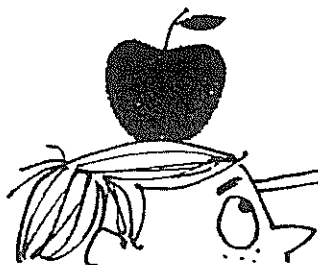
We had to pick up someone at Frankton, so stopped at the store (the wrong one), and at Bills' insistence almost picked up the wrong bloke! So onward to the Shotover Store and the right bloke sitting patiently in the rain. Now on to Glenorcy, in the rain, naturally. An uneventful stretch apart from the LandRover that threatened to ram us and the bridge. Arrived at the Routeburn shelter and crashed for what was left of the night. The 2nd van arrived with more commotion, then finally sleep.

Saturday morning...weather OK. We were the 2nd group away, and began our walk to Falls Hut via Flats Hut, arriving at our destination in time for lunch, after one of the longest ascents from the flats (due to the authors' inability to climb hills!) We decided to climb closer to Harris Saddle, but turned back, as did all the others, because of the avalanche risk. So we settled for a look at the small lakes behind Falls Hut, and slowly worked our way down to the hut for dinner. This consisted of 4 courses; soup, spaghetti, cheesecake, or nothing! We all chose the first 3, and nearly didn't get choice #3 as Bill hid our cake outside, and wouldn't tell Hermione where it was until she promised to tie-dye 4 pairs of longjohns for him and his mates! After dinner the others played cards while Bill just played up.

Sunday...weather GREAT! We casually worked our way down to the shelter. Hermione, Trevor, and Debbie made a small detour up the Sugarloaf track, and once they arrived back we went up to the lake with the others. All parties were out by 4.00pm.

Thanks to Bill Provan for organisation (but not for hiding our cheesecake), and our esteemed leader and provider of food, Hermione. Mike for Hermione, Trevor, Ian, Debbie, and Mike.

This Bulletin has been typed on the club's new IBM 'Actionwriter' typewriter, which the committee has just purchased. We paid \$935.00 (+GST). It was felt that we needed one to type the bulletin and Outdoors, as well as committee meeting minutes, outgoing correspondence, etc. Interchangeable typing styles are a feature.



NOBODY'S PERFECT!

BUT SOME PEOPLE ARE LESS PERFECT THAN OTHERS!! Now, for everyone's benefit, the Club Treasurer Jane Bruce has spelled out the various rules that must be observed when paying or organising club trips. This is to ensure that everyone knows what is expected of them, and none can say that they didn't know. This will make her job, and everyone else's, less time-consuming.

- (1) TRIP FARES can be paid only to the treasurer, either at the clubrooms on Thursday nights (between 7.30pm and 8.00pm), or by cheque sent to the treasurer.
- (2) Non-members must pay before the trip. There is a non-member surcharge of \$6.60 (including GST). The trip leader shall ensure that non-member trip fares are paid.
- (3) Members can pay after the trip, but a late fee of \$2.20 (including GST) is charged, and a further surcharge of \$2.20 per month for as long as the fare remains unpaid.
- (4) Any person withdrawing from the trip after the trip list has been taken down is liable to pay the trip fare in full, unless they can find a suitable substitute.
- (5) Application for a refund of the trip fare must be made in writing to the club committee. (Refunds may be given because of illness, etc.)
- (6) Claims for expenses incurred on club trips (eg. Petrol) must be accompanied by receipts/tax invoices, or the claim WILL NOT BE PAID. Claims should be made within 2 months of the date of the trip.
- (7) Refunds are made to everyone on the trip if the profit from that trip exceeds \$5.00 per person. Claims for this refund are to be made on the yellow forms kept by the clock in the clubrooms, and should be handed to the treasurer, or by letter to the treasurer. Refunds must be claimed within 1 month of publication of the bulletin.
- (8) The trip leader IS RESPONSIBLE FOR COLLECTING ANY HUT FEES. Party leaders should advise party members to take hut fees with them if huts are going to be used on the trip.
- (9) On day trips where PRIVATE CARS are used, the charge per person 2x the petrol cost divided by the number of people in the car (including the driver).

To LORI from all of Bushcraft '86....

It was a great pleasure to know you, as you gave us your knowledge of first aid for burns with a kind and tender way. Perhaps you understood how our thoughts were racing 'helter skelter' around in our minds as to how we should attend to the 'victim'. Your smile shall stay with me even though I knew you for such a short time. Your hints on cutting down on the bulk of gear, plus positive attitude helped a lot of us women to try that bit harder to attain our ambition of being trampers.

Signed...Margaret Caufield

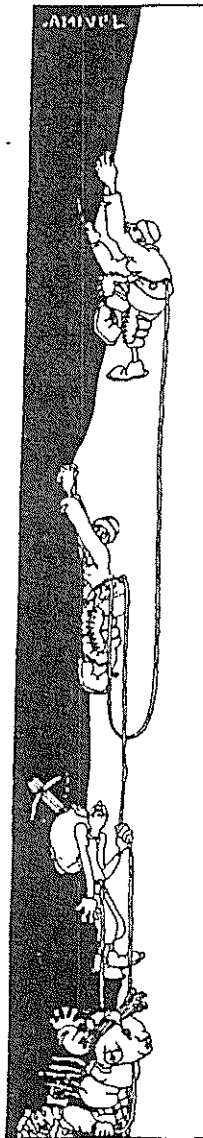
SNOW 3...or A Wild, Wet Weekend at Lake McKenzie.



Well - actually it wasn't - the weather was fantastic! The snow could have been better, but that didn't matter; all you need is something white, wet, and not rock. We left late (of course), but only 20 minutes. The local Mountaineering Expert (the Gore Pie-Cart waitress) cordially informed us that we were DOOMED (as the piecart floated down the floodwaters of main street Gore!). We discovered that we shouldn't

have taken her years of experience so lightly, as we crawled into the dripping Routeburn Shelter for the night. The grey, misty morning brought no hope to our dejected spirits, especially when Hermione and I discovered that we were the only imbeciles to bring unad-justed crampons...5 sizes too big! Typically, the sun appeared as we were 1/2-way to Key Summit, stayed out until we reached the top, and disappeared just as we descended to the sunny (?) Howden Hut. After a quick shower at Earland Falls, we arrived at McKenzie for lunch, then Emily Basin for the afternoon - with SUN! Picture this...you are at the top of a beautiful snow-slope...nice image? But WAIT! On your back, headfirst down the slope!! Held only by our 2 trusty, sympathetic (?) instructors Wayne and Ewan. Ewan was a great encouragement as he announced that it only took most people about 5 courses to get this particular self-arrest right. But what happens when it's wrong? This thought is one you definitely ignore as you look into the deep blue sky and speed off down the slope. After 3 enjoyable (yes, you can have fun at this!) hours, we headed down for a late tea, while Dave tried to boost his finances by betting on his iron-man characteristics...that's right, he swam in Lake McKenzie on a twilight November evening! His hut-fees, unfortunately, remained unpaid because of a certain scoundrel who claimed that he could not be thrown into the lake because he was an old man (ay, Grandpa Pete?). A delightful instant pudding "drink" (with too much milk-powder, made in a dirty stew-pot) was downed by all, to our amazement...we made it! The next day Craig and Andrew successfully climbed Emily Peak, while a certain slob (Tony Preston) slept in the hut wardens' quarters (greaser!). The harder snow eluded us, so our crampons were useless, however throwing ourselves down a steeper slope with packs on, and an iceaxe dangling in one hand, proved challenging enough. Then came the wet part of the weekend...we would like to state that Peter started the Mammoth McKenzie Water-Fight, while Ewan was the chief ring-leader, and any billies of water that happened to land on him were justly deserved; not like the rest of us, who were innocent victims! By the time we left McKenzie Hut, none had escaped the dreaded fire-hose...but it didn't matter, because the sun was shining brightly for the 2nd day in a row.

After the 2nd pig-out in Gore (the first was at Te Anau) we crammed all 13 of us in the van and spent a thrilling evening with the National Programme. We arrived back in



Dunedin with memories of our kindly instructors' sadistic laugh floating down the slopes as we attempted to self-arrest with our noses! Overall, a great weekend, really useful; heaps of fun and a definite for anyone next year.

Hermione & Polly for; Ewan, Wayne, Pam, Susan, Cathy, Peter, Andrew, Craig, Tony, Dave, Sylvia, and Mary.



CHRISTMAS SOCIAL

BETTER AND MORE FESTIVE THAN BEFORE!!

Tickets available soon....

COST: \$9.00 per head (kids under 12yrs free! For this you get....live band** real live Santa Claus**Christmas Fairy **UV light to make your teeth glow** potluck supper**beach/bush/sunbathing daytrip on Sunday.



Theme for Saturday night: BLACK & WHITE

VENUE: Hoopers Inlet Hall, December 13 (Sat.) starting at 7.30pm. It's so easy....buy a ticket, wear black and white, and bring;



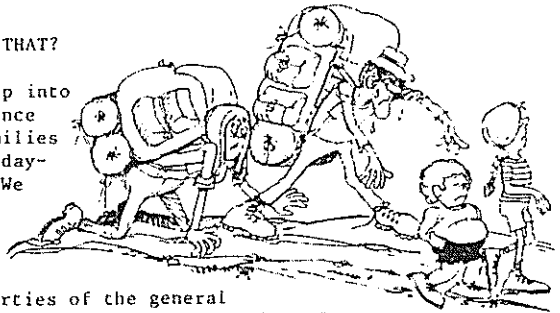
- *a modest Christmas gift for Santa to distribute
- *a plate of goodies for supper
- *your own liquid refreshments
- *overnight camping gear if you want to stay over, either camping outside in a tent or inside the hall on the floor
- *breakfast and beach/tramping gear for Sunday

TRANSPORT LISTS will go up in the clubrooms. Sign your name if you need a ride out there. There will probably be a pre-party barbeque to get in the right mood, and to decorate the hall.

PHONE: Molly Sorensen (30432) or Michelle Williams (737814) for news.

TRAMPARAMA WHAT IS THAT?

Tramparama is all about a day-trip into the Silver Peaks. This is the chance for club-members to introduce families (and the general public) to what day-trips and tramping is all about. We get such a kick out of the things we do in the hills - why not help others to experience what the outdoors has to offer? Tramparama involves club members leading parties of the general public from the carpark at the end of the Pineapple Track to Ben Rudds' Shelter, and a willingness to share your experiences with them over a billy or two of tea at the destination. Tramparama is being jointly organised by the OTMC and the Polytechnic. This will be the clubs' involvement with the Dunedin Festival Celebrations, and will take place on SUNDAY 8 FEBRUARY 1987. More details will be announced at club meetings next year.

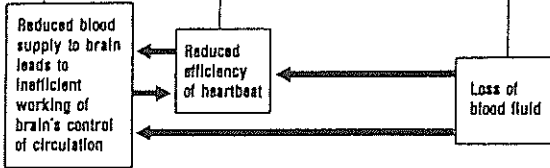
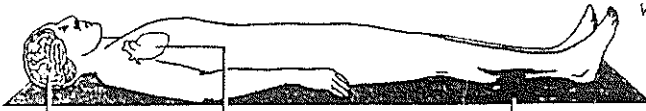


IS THIS YOU when faced with having to deal with an accident either in town or in the outdoors? Do you turn to a useless lump of jelly? If you do or think that you might, then perhaps you should attend a **FIRST AID COURSE!** Panic comes from not knowing what to do. Every person who spends time in the outdoors should know something about the application of first aid, and elementary nursing care. In the event of a major accident, with the added complications of isolation and bad weather, it may be days before expert help is obtained. Sound preparation, basic first aid knowledge, common sense and the ability to improvise will do much to help you to deliver the injured to the experts alive and in the best possible condition.



SHOCK! an emergency situation

Shock is caused by an injury, underlying illness, or stress. The most common cause of shock is a sudden reduction in the volume of the body's blood, usually as a result of severe bleeding. All the constituents of the blood - blood-cells and serum, are lost by bleeding. However, the volume of blood can also be reduced by disorders in which only the fluid portion of the blood is lost - eg. large volumes of serum are poured into the surrounding tissues following a severe burn.



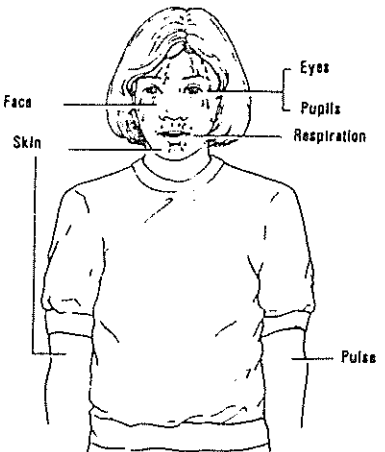
When the volume of blood is reduced, regardless of the cause, the arteries in the skin and muscles constrict, tending to direct the available blood to the vital organs (brain, lungs, kidneys, heart). At the same time, the heart pumps at an increased rate in order to circulate the remaining blood faster, and enable a smaller amount of blood to do the work of circulating oxygen and nutrients, etc. When these mechanisms can no longer

compensate for the reduced blood volume, shock results. If untreated, severe shock eventually becomes irreversible, and regardless of therapy, the victim dies.

SIGNS AND SYMPTOMS

As the casualty's condition deteriorates the symptoms will become more pronounced.

- * casualty will feel weak, faint, giddy; will be anxious and restless.
- * may feel sick, and vomit.
- * could feel thirsty.
- * skin becomes pale, cold and clammy, and sweating may develop.
- * breathing will be shallow and rapid; casualty may be yawning (oxygen starvation).
- * pulse rate increases but becomes weaker and irregular
- * unconsciousness may develop.



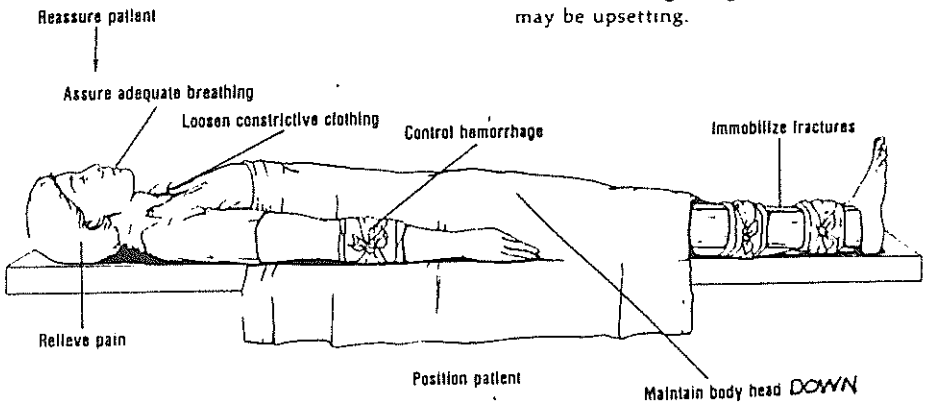
Signs and symptoms of shock

FIRST AID CARE

Shock is a serious condition, but it is not irreversible if it is recognized quickly and treated effectively. Proper first aid care means caring for the whole victim, not just one or two of the victim's problems.

First aid care for the victim of physical shock is as follows:

- Keep the person lying down. Make sure that the head is at least level with the body, if the person is on the ground. Elevate the lower extremities if the injury will not be aggravated and there are no abdominal or head injuries. It may be necessary to raise the head and shoulders if a person is suffering from a head injury, heatstroke, stroke, heart attack, or shortness of breath due to a chest or throat injury. However, it should be noted that if an accident was severe enough to produce a head injury, there may also be spinal damage. If in doubt, keep the victim flat.
- Control the bleeding.
- Always assure adequate breathing, as in all emergencies. If the victim is breathing, maintain an open airway. If the victim is not breathing, start artificial ventilation or CPR if necessary
- Remove all foreign bodies from the victim's mouth, such as loose false teeth, tobacco, or gum, and cleanse the mouth of mucus or phlegm.
- Permit the victim to have plenty of fresh air. If possible, administer oxygen. Oxygen deficiency results from the poor circulation in cases of shock.
- Loosen tight clothing at the neck, chest, and waist, in order to make breathing and circulation easier.
- Handle the victim as gently as possible, and minimize movement
- Keep the victim warm and dry by wrapping in blankets, clothing, brattice cloth, or other available material. These coverings should be placed under as well as over the victim to reduce the loss of body heat. Keep the victim warm enough to be comfortable. The objective is to maintain as near normal body temperature as possible, not to add heat.
- The victim should not be given anything by mouth.
- The victim's emotional well-being is just as important as his or her physical well-being. Calm and reassure the victim. Never talk to the victim about his or her injuries. Keep onlookers away from the victim as their conversation regarding the victim's injuries may be upsetting.



If you have been on some club trips lately, you may have noticed that they are getting more expensive. We hire vans from Cross County Rentals, and they have recently increased their prices, from \$175.00 per weekend (with unlimited mileage) to \$225.00. They have held costs at the same level for the past 2 years. Insurance is \$20.00, and the club does not pay the \$500.00 excess that is usually charged (because we have an accident-free record - let's keep it that way!) They certainly look after us.



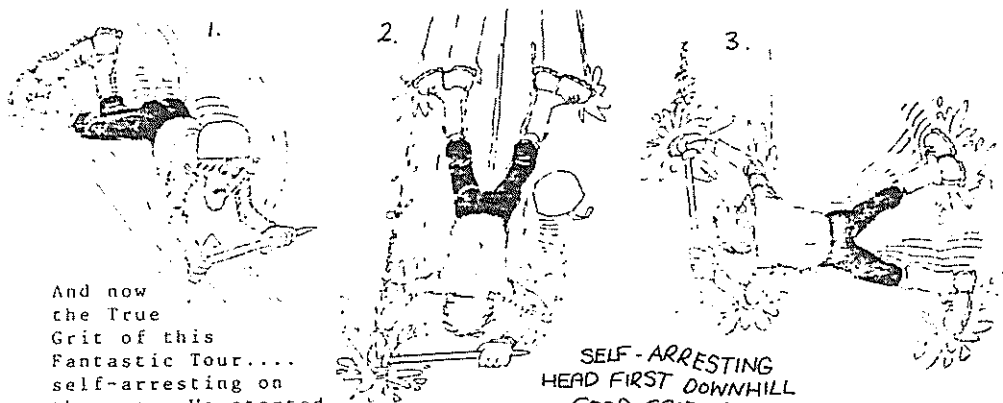
OUTDOORS LIVES!!! Pam Hodgkinson has consented to publish the long lost Outdoors magazine, which should be in your hands early in the New Year. I am going to do the next Outdoors (1987), so get your pens writing!

Trip Report...by David Peacock

SNOW 3 - SNOWCRAFT INSTRUCTION

Our intrepid party left Dunedin at about 6.15pm for a smooth ride to the Divide, with one small hiccup at Milton to collect Peter, and a somewhat larger one at the ubiquitous pie-cart in Gore. It rained heavily for part of the way, and people exchanged sombre glances which were later returned to their rightful owners as the weather began to clear. We spent the night in the divide shelter, arriving there shortly before Saturday.

Saturday woke slightly overcast, but it lazily shook the clouds from its' eye as the morning progressed, to augur a magnificent day. Our heterogenous group removed itself from sleeping-bags, partook of several robust breakfasts, and committed itself to the first stage of this Incredible Voyage at around 9.15am. This first part of the Routeburn Track is easy; perhaps somewhat overdeveloped, with a gentle rise of 1000ft to the Key Summit junction, followed by a slightly steeper fall to Lake Howden hut. At this stage some of us felt that our bodies doth protest too much, and that Lake Howden is such a beautiful place, and why were we...but to no avail, and the second part of this Magnificent Journey began after the 10 o'clock intermission. It was a pleasant walk to an invigorating shower at Earland Falls, with some good views of the Darran Mountains to the west as we skirted the bushline of the Ailsas. A yummy lunch at Lake McKenzie, but then we cast our eyes nor'easterly across the lake (but fortunately not into it) towards The Slopes. Thus we donned our armour and betook ourselves of the third section of this Mighty Expedition (all except Craig and Andrew, who scampered around the bluffs overlooking the lake instead). Kathy led our party through the bush on the edge of the lake, and then we boulder-skipped up the creek and across scrub to the snow at the head of the valley.

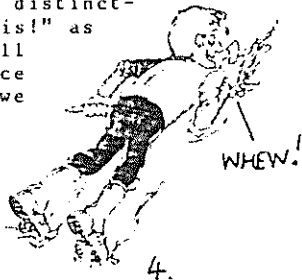


And now
the True
Grit of this
Fantastic Tour....
self-arresting on
the snow. We started
on a gentle slope with

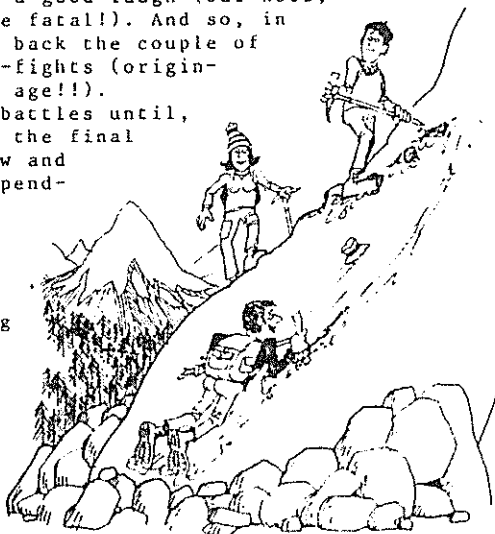
the rocks a judicious distance away. Ewan gave us excellent instruction in the extremely important art of self-arresting with an ice-axe. Everyone had fun, but tempered with the understanding that this skill is a very important, and possibly lifesaving, part of snowcraft. We all then moved to a steeper slope to have more practice. I for one did not find the techniques particularly easy, but practice is the key. As we took of down the slopes in varying positions, the mountains echoed



to the refrain of... "YIPPEE!" and "AAARGH!" and I distinctly remember Hermione crying... "I don't believe this!" as she shot down the slope on her back, in one run. All through this Ewan and Wayne gave us help, assistance and encouragement. And so, late in the afternoon, we made our way back to the hut; exhilarated, tired, and wiser. There was a promise of frost overnight, and so we resolved to be up earlier the next morning in the hope of catching some firmer snow.

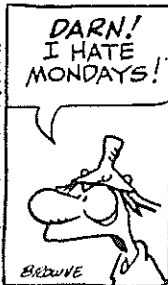
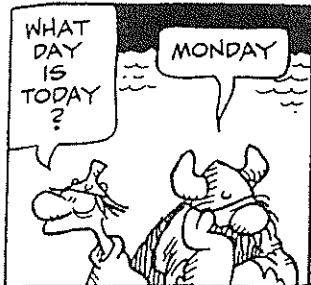


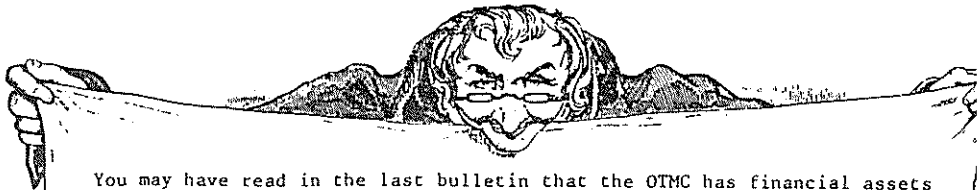
However, 'twas not to be, and Sunday arose to a warm caress; but still with light hearts we broke out on this section of our Superlative Saunter. It was unfortunate that the snow was still soft, as we could try neither self-arresting on firmer snow nor cramponing. But still, we had an instructive time, particularly as the slope had a bump in it, which caused many of us to do undreamed-of aerobics. One un-named member of the party even disposed of their ice-axe, obviously regarding it as superfluous, and giving us all a good laugh (but note; in a real emergency, that could be fatal!). And so, in the late morning, we made our way back the couple of miles to the hut, with many water-fights (originally instigated by Peter - at his age!!). Lunch was followed by more water-battles until, regrettably, it was time to start the final stage of our Terrific Tour. Andrew and Craig had re-joined us after independently scaling one of the un-named peaks in a very respectable time considering the soft conditions. With many a wet shirt we regretfully stepped out our return to civilisation. Susan set a cracking pace as we proceeded teaward. Susan, Sylvia, Mary and myself made a brief foray to Key Summit for the view, and we arrived last at the van at about 5.00pm.



So finally, I speak for all of us when I give our thanks, and a bucketfull of water, to our Legendary Leader Ewan Paterson.

Those on the trip were: Mary Hewinson, David Peacock, Sylvia Keller, Kathy Woodrow, Ewan Paterson, Pam & Wayne Hodgkinson, Susan Harding, Polly Stupples, Hermione Binnie, Peter Vollweiler, Andrew Milne, and Craig Freeman.



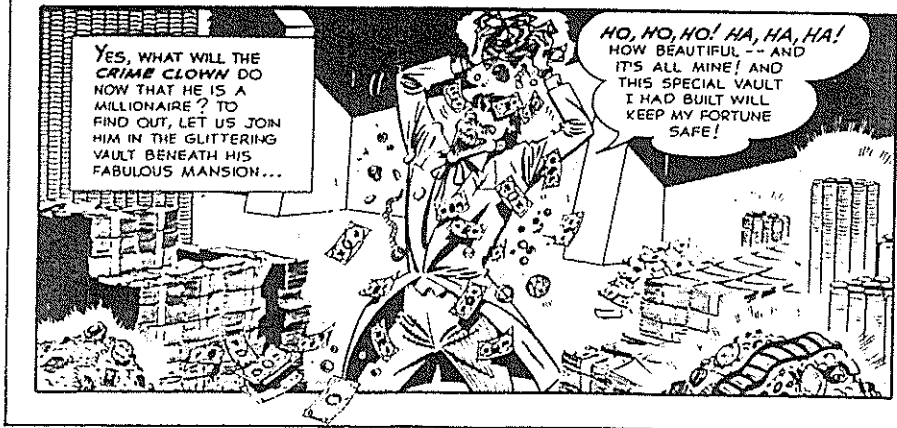


You may have read in the last bulletin that the OTMC has financial assets to the value of \$28,000 (actually amended to \$33,000 in the final auditors' report), and the question was asked "what the hell are we doing with this money?" Well, here's the answer.

The inaugural meeting of the INVESTMENTS SUB-COMMITTEE has just been held, at the home of Don Greer on Wednesday 29 October at 8.00pm. Those present were; John Pohl, Ross Davies, Russell George, and Don Greer. John was elected Chairperson, and Russell Secretary. This select group has been set up as an advisory group to the Club Committee regarding investment of club funds - the group has the power of recommendation only; a written report will be given to the Committee and will detail the state of current investments, and possible future investments that should be considered. These recommendations will have to be approved by the general committee before they are actioned by the Investments Sub-Committee.

As to how the money will be managed. The Sub-Committee offered to 'actively' manage the investments. This would mean that members would monitor investment opportunities closely. Members would have to register investments in their own names (shares being an obvious example). However it was decided that individual members did not have a mandate to 'gamble' with club money, and so the Investments Sub-Committee will adopt a more 'passive' approach. This means investing in accredited schemes for the maximum interest available. It was agreed that the rates being earned at the Trustee Savings Bank buy our present investments are too low (13.75% for 18 months). The Sub-Committee will be looking for a better return than this.

The next meeting of the Investments Sub-Committee will be held some time this month. A proper plan will be formulated. Are we doing the right thing? Have you any better ideas? Write to the Committee, or air your views through this bulletin. If we invest wisely we might soon need a special vault to keep our fortune safe!



Michelle Williams wants a companion to go with her to New South Wales (Australia) in February/March 1987 to do some tramping. Anyone keen? There is a rumour circulating that she will pay transport there and back, but you'll have to check with her on that one! Phone 737814.

Club Treasurer JANE BRUCE announces a few TRIP REFUNDS!

1. From the MAVORA LAKES trip (12-13 April)...refund of \$11.00
Claims to be in by 25 December 1986.
2. From the OHAU trip (13-14 September)...those people who over-
paid by \$1.25 can claim repayment before 25 December 1986.
3. From the BEN OHAU trip (11-12 October)...refund of \$7.50.
Claims to be in by 25 December 1986.

All these claims have to be presented on the yellow claim-forms kept by the clock in the clubrooms and handed to the treasurer or by posting to the treasurer, OTMC, P.O.Box 1120, Dunedin.

OTMC BUSHCRAFT '87

GET READY TO TAKE THE PLUNGE...and offer your services and expertise to help the Otago Tramping & Mountaineering Club to run BUSHCRAFT '87 !!!

SPENCER WALKER (phone 771813) is this years BUSHCRAFT CO-ORDINATOR. He has organised the dates for the various sections of the course.

Introductory evening - at the OTMC clubrooms, on Tuesday night 17 February.

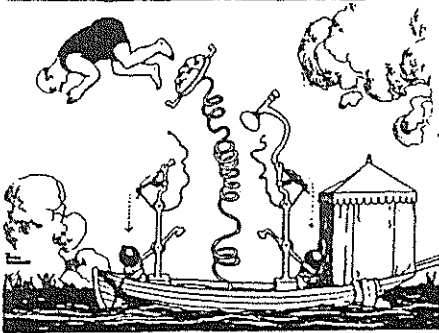
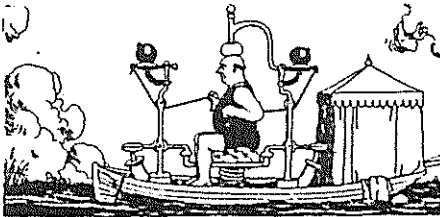
Tirohanga weekend - from Friday night 20 to Sunday afternoon 22 February.

Party leaders meet with their parties for the Silver Peaks trip on Tuesday 24 Feb.

Silver Peaks Weekend trip - Saturday 28 February to Sunday 1 March.

Concluding Evening at the OTMC clubrooms, on Wednesday 4 March.

Optional Fiordland Weekend Trip - this is not included in the course fee. Will be run as an ordinary club trip (open to club members) on the weekend of 13-14 March.



The new diving Boat
(For those lacking sufficient courage to take
the plunge)

So as you can see, organisation for the club's BUSHCRAFT '87 is now well under way. All we need now is a large group of keen people who are enthusiastic and willing to pass on their knowledge of elementary bushcraft, and enthusiasm, to a course-load of beginning trampers.

How about taking the plunge, and giving Spen a call at 771813 to offer your services.

Remember when you took your first faltering steps in the outdoors? Most probably you were being led by an experienced leader or instructor, who was giving up his/her time to see you on the correct path to a happy and satisfying time spent in the outdoors. Now it's your turn to do the same for someone else.

PHONE SPEN WALKER,
OR TIROHANGA CO-ORDINATOR
OR MIKE FLOATE.

Michelle & Alister Metherall still have a green tent and poles (sewn in floor) in their garage; it was left there last summer by persons unknown. Phone them if you think it's yours! (63215)

Trip Report...by Philip Jenkins

MATUKITUKI

Away we went...3 van-loads of us at Labour Weekend, heading to the Matukituki on Friday night.

We were up early Saturday morning to be greeted by clear sky and what we hoped would be a fine, warm day ahead of us. We made our way through a flat valley floor of farmland, up the East Matukituki branch into native forests. We finally came to a place where the river branches off up to Aspiring Flat, so Michelle, Ross and I went up there to find the Rock-



of-Ages bivvy, while Mike waited at the river-junction for us to return. While Mike was waiting, he saw a party crossing the river to the other side. They went to great trouble to hide their packs in the bushes, checking from every angle to see that they were hidden, so that they could head off on a day-trip. Mike, almost directly across from them, was watching all the time!

After having lunch at the river-junction we headed for Ruth Flat. The track climbed above bushline for a short time, then back into the bush. It dropped steeply in places, while seeming to disappear or run off in several directions at other places...crossing a very steep chasm that we had to jump, and a recent massive landslide threw us into confusion as the contours on the map showed no sign of the small gorge the slide had caused. Finally, at the end of our 10-11 hour day we set up camp at Ruth Flat.



The next day we turned back and headed towards the river-junction through showery weather (the DOOM forecast which we heard from the previous 2 parties the day before had eventuated). We were the only in the East Matukituki who were at risk by getting trapped by rising rivers, so food-ration precautions were enforced. At the river-junction, by linking arms we had no trouble in getting across. We set up camp on the other bank. That night at about 12.00pm I heard the rustling of plastic bags between the tent and fly. I had a fairly good idea it was an opossum getting at the food,

"YAH! YAH!" unfortunately waking everyone up! Michelle scared the op-
ossum away for good as she turned on the super-bright torch.

The next day we went back to Aspiring Flat where we met Johns' party
who were still up the East Matukituki because they also had a tent,
while the rest of the parties with flies had to clear off up to Aspiring
Hut in the West Matukituki. We set off towards the waterfall at
the head of the valley before returning back to the campsite to pack
and head out to the van.

An enjoyable weekend. Party members were; Michelle, Ross, Mike, and I.



The CHRISTMAS TRIP to NELSON LAKES

DECEMBER 26 - JANUARY 4

MIKE FLOATE ORGANISING....(phone 739780)

Why suffer the miseries of a wet Christmas
holiday in the south, when you could be
reveling instead in sub-tropical heat in
this paradise of bush, lakes and tarns,
tussock, and high alpine meadows rising
to Mt.Travers (7671ft). For the less ambi-
tious there are a great variety of easy to
moderate lakeside and main-valley circuit
tracks....eg to Lake Angelus, high up near
an alpine tarn. Sign the trip-list so that
Mike can organise the transport.

Another exciting recipe from the entries
in the cooking competition, Doug!

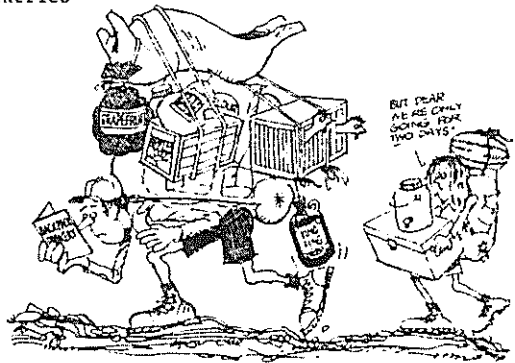
ALISTER & MICHELLE'S FRUIT SALAD

(i) Weekend Version

2 tamarillos	1 apple
2 oranges	2 kiwifruit
brown sugar	
brandy, or own alternative	

(ii) Longer Trip

100g dehy apples	1 tamarillo
handfull dehy apricots	
handfull dates or figs	
2 kiwifruit	
brown sugar	
30ml alcoholic beverage	



NOTE: in both cases, the brown sugar and
alcohol are combined at home, and
carried in a waterproof container.

Peel kiwifruit and tamarillos by dipping in boiling water for a few seconds (known
as blanching). They will then peel easily. Slice thinly. Soak dried fruit. Peel
oranges by slicing off rind and skin with sharp knife. Slice thinly. $\frac{1}{2}$ fill large
billy with water and boil. Place all ingredients in smaller billy, and heat gently
inside larger billy, with lid on larger billy. Use hot water for instant custard!

Hint; if saving weight, leave the fruit out and just take the grog!

SOCIAL CALENDAR

- DECEMBER 4 Don Greer will be entertaining us with some of his old time silent movies....Laurel & Hardy, Charlie Chaplain, and more! Don showed some of these a few years ago, and they were delightfully funny, entertaining, and completely non-educational!!
- DECEMBER 11 Final meeting for the year. Bring along some of your best slides from the years tramping, or indeed any trips that people would enjoy seeing.
- DECEMBER 13 Christmas Social evening. It's not too late to come along....tickets can be purchased at the door.
- JANUARY 29 First meeting for the new year! A chance to find out about the newly resurrected TRAMPARAMA....an introductory daytrip for the general public, and part of Dunedin's Festival programme.
- FEBRUARY 5 Did you get away into the hills over Christmas? How about bringing along some of your slides from the trip and showing us where you went.

IN SOLITARY CONFINEMENT AT METROPOLIS PRISON, THE WORLD'S MOST DANGEROUS OUTLAW, LUTHOR...MAKES USE OF HIS SCIENTIFIC GENIUS!



Yes readers, the tramping clubs' most dangerous outlaw Lex Luthor (alias PETER MASON) is making use of his scientific genius for our benefit, and is constructing a super-ray projector (actually a slide-projector). The Agfa model we have at the moment is slowly dying a quiet death....the autofocus feature no longer works, it doesn't even change when you push the button, the fan is noisy, etc. Pete is going to use his contacts to track down a good 2nd-hand KODAK CAROUSEL metal-bodied machine, and look at purchasing a new zoom-lens to allow the projector to be set up at the back of the room. This means that it wouldn't block everyone's view as the present system does. The new model will probably cost \$600.00 (±\$100.00); the

old projector will be sold. Let's face it - we show a lot of slides throughout the year, and we need good solid equipment that is going to last. You may have noticed that one of these models is now in use on Thursdays. Chris Stewart has kindly lent us his own projector to see if it is what we need. It seems to work really well.

HAVE YOU PAID YOUR SUBSCRIPTION YET?



OTMC subscriptions are now due!

Membership Secretary Antony Pettinger advises that subs for the year 30/6/86 to 30/6/87 are payable immediately.

Members who haven't paid for this and previous years will be struck off on November 30, 1986!

Subscription Rates:	All these
FULL....\$32.25	subscription
MARRIED....\$43.00	prices include
POSTAL....\$19.50	GST.
JUNIOR....\$19.50	

Please post (with red form if you still have it) to; Membership Secretary, OTMC, P.O.Box 1120, Dunedin.